


SPORTS MEDICINE MINOR

There are many medical professions that have a sport focus (physical therapist, athletic trainer, physician, physician assistant, nurse, occupational therapist). The sports medicine minor is designed to expose students to the various injuries and rehabilitation techniques that are specific to sport. Students will learn the foundations of anatomy and physiology and then use this knowledge to understand basic evaluation, management and prevention techniques for sport related injury.

In addition to the program requirements listed below, students must:

- take at least nine hours of their minor "core" requirements at UNC–Chapel Hill
- earn a minimum cumulative GPA of 2.000 in the minor core requirements. Some programs may require higher standards for minor or specific courses.

For more information, please consult the degree requirements section of the catalog (<http://catalog.unc.edu/undergraduate/degree-requirements/>).

Code	Title	Hours
Core Requirements		
EXSS 175	 Human Anatomy ^F	3
EXSS 276	Human Physiology	3
EXSS 265	Fundamentals of Sports Medicine	3
EXSS 366	Foundations of Sports Medicine Rehabilitation	3
EXSS 393	 Sports Medicine Clinical	2-3
One of the following courses:		1-3
EXSS 275L	Human Anatomy Laboratory	
EXSS 288	Emergency Care of Athletic Injuries and Illnesses	
EXSS 360	Sports Nutrition	
Total Hours		15-18

^F FY-Launch class sections may be available. A FY-Launch section fulfills the same requirements as a standard section of that course, but also fulfills the FY-SEMINAR/FY-LAUNCH First-Year Foundations requirement. Students can search for FY-Launch sections in ConnectCarolina using the FY-LAUNCH attribute.

Students will have the opportunity to obtain clinical experience through working with a health care professional in an athlete health care facility. See the program page here (<http://catalog.unc.edu/undergraduate/programs-study/exercise-sport-science-major-ba-general/#opportunities>) for additional special opportunities.

Department Programs

Majors

- Exercise and Sport Science Major, B.A.–General (<http://catalog.unc.edu/undergraduate/programs-study/exercise-sport-science-major-ba-general/>)
- Exercise and Sport Science Major, B.A.–Fitness Professional (<http://catalog.unc.edu/undergraduate/programs-study/exercise-sport-science-major-ba-fitness-professional/>)

- Exercise and Sport Science Major, B.A.–Sport Administration (<http://catalog.unc.edu/undergraduate/programs-study/exercise-sport-science-major-ba-sport-administration/>)

Minors

- Coaching Education Minor (<http://catalog.unc.edu/undergraduate/programs-study/coaching-education-minor/>)
- Exercise and Sport Science Minor (<http://catalog.unc.edu/undergraduate/programs-study/exercise-sport-science-minor/>)
- Sports Medicine Minor (p. 1)

Graduate Program

- M.A. in Exercise and Sport Science (<http://catalog.unc.edu/graduate/schools-departments/exercise-sport-science/>)

Contact Information

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Chair

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