SPORTS MEDICINE MINOR

There are many medical professions that have a sport focus (physical therapist, athletic trainer, physician, physician assistant, nurse, occupational therapist). The sports medicine minor is designed to expose students to the various injuries and rehabilitation techniques that are specific to sport. Students will learn the foundations of anatomy and physiology and then use this knowledge to understand basic evaluation, management and prevention techniques for sport related injury.

In addition to the program requirements listed below, students must:

- take at least nine hours of their minor "core" requirements at UNC–Chapel Hill
- earn a minimum cumulative GPA of 2.000 in the minor core requirements. Some programs may require higher standards for minor or specific courses.

For more information, please consult the degree requirements section of the catalog (http://catalog.unc.edu/undergraduate/degree-requirements/).

<table>
<thead>
<tr>
<th>Code</th>
<th>Title</th>
<th>Hours</th>
</tr>
</thead>
<tbody>
<tr>
<td>EXSS 175</td>
<td>Human Anatomy F</td>
<td>3</td>
</tr>
<tr>
<td>EXSS 276</td>
<td>Human Physiology</td>
<td>3</td>
</tr>
<tr>
<td>EXSS 265</td>
<td>Fundamentals of Sports Medicine</td>
<td>3</td>
</tr>
<tr>
<td>EXSS 366</td>
<td>Foundations of Sports Medicine Rehabilitation</td>
<td>3</td>
</tr>
<tr>
<td>EXSS 393</td>
<td>Sports Medicine Clinical</td>
<td>2-3</td>
</tr>
<tr>
<td>EXSS 275L</td>
<td>Human Anatomy Laboratory</td>
<td>1-3</td>
</tr>
<tr>
<td>EXSS 288</td>
<td>Emergency Care of Athletic Injuries and Illnesses</td>
<td></td>
</tr>
<tr>
<td>EXSS 360</td>
<td>Sports Nutrition</td>
<td></td>
</tr>
</tbody>
</table>

Total Hours 15-18

F FY-Launch class sections may be available. A FY-Launch section fulfills the same requirements as a standard section of that course, but also fulfills the FY-SEMINAR/FY-LAUNCH First-Year Foundations requirement. Students can search for FY-Launch sections in ConnectCarolina using the FY-LAUNCH attribute.

Students will have the opportunity to obtain clinical experience through working with a health care professional in an athlete health care facility. See the program page here (http://catalog.unc.edu/undergraduate/programs-study/exercise-sport-science-major-ba-general/#opportunitiestext) for additional special opportunities.

Contact Information

Department of Exercise and Sport Science
Visit Program Website (http://exss.unc.edu)
209 Fetzer Hall, CB# 8700
(919) 843-9630

Chair
Troy Blackburn
defreese@email.unc.edu

Director of Undergraduate Studies
J.D. DeFreese
defreese@email.unc.edu

Graduate Program
- M.A. in Exercise and Sport Science (http://catalog.unc.edu/graduate/schools-departments/exercise-sport-science/)

Department Programs

Majors
- Exercise and Sport Science Major, B.A.–General (http://catalog.unc.edu/undergraduate/programs-study/exercise-sport-science-major-ba-general/)
- Exercise and Sport Science Major, B.A.–Fitness Professional (http://catalog.unc.edu/undergraduate/programs-study/exercise-sport-science-major-ba-fitness-professional/)

Minors
- Coaching Education Minor (http://catalog.unc.edu/undergraduate/programs-study/coaching-education-minor/)
- Exercise and Sport Science Minor (http://catalog.unc.edu/undergraduate/programs-study/exercise-sport-science-minor/)
- Sports Medicine Minor (p. 1)