EXERCISE AND SPORT SCIENCE MINOR

Contact Information
Department of Exercise and Sport Science
Visit Program Website (http://exss.unc.edu)
209 Fetzer Hall, CB# 8700
(919) 962-2021

Darin A. Padua, Chair
Meredith Petschauer, Director of Undergraduate Studies
mbusby@email.unc.edu

Exercise and sport science examines the physics, physiology, and psychology of sport and exercise; the recognition and treatment of athletic injuries; and the administration of athletics.

Department Programs

Majors

• Exercise and Sport Science Major, B.A.—General (http://catalog.unc.edu/undergraduate/programs-study/exercise-sport-science-major-ba-general/)
• Exercise and Sport Science Major, B.A.—Fitness Professional (http://catalog.unc.edu/undergraduate/programs-study/exercise-sport-science-major-ba-fitness-professional/)
• Exercise and Sport Science Major, B.A.—Sport Administration (http://catalog.unc.edu/undergraduate/programs-study/exercise-sport-science-major-ba-sport-administration/)

Minors

• Coaching Education Minor (http://catalog.unc.edu/undergraduate/programs-study/coaching-education-minor/)
• Exercise and Sport Science Minor (p. 1)

Graduate Program

• M.A. in Exercise and Sport Science (http://catalog.unc.edu/graduate/schools-departments/exercise-sport-science/)

Requirements

In addition to the program requirements listed below, students must:

• take at least nine hours of their minor "core" requirements at UNC–Chapel Hill
• earn a minimum cumulative GPA of 2.000 in the minor core requirements. Some programs may require higher standards for minor or specific courses.

For more information, please consult the degree requirements section of the catalog (http://catalog.unc.edu/undergraduate/general-education-curriculum-degree-requirements/#degerequirementstext).

<table>
<thead>
<tr>
<th>Code</th>
<th>Title</th>
<th>Hours</th>
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<tbody>
<tr>
<td>EXSS 180</td>
<td>Physical Activity in Contemporary Society</td>
<td>15</td>
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Additional Requirements

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<tr>
<th>Code</th>
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<tr>
<td>BIOL 101 &amp; 101L</td>
<td>Principles of Biology and Introductory Biology Laboratory</td>
<td>4</td>
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Total Hours 19

H Honors version available. An honors course fulfills the same requirements as the nonhonors version of that course. Enrollment and GPA restrictions may apply.

1 Please note that some EXSS courses require prerequisites.

See the program page here (http://catalog.unc.edu/undergraduate/programs-study/exercise-sport-science-major-ba-general/#opportunitiestext) for special opportunities.