

DIVISION OF CLINICAL REHABILITATION AND MENTAL HEALTH COUNSELING (GRAD)

Contact Information

Division of Clinical Rehabilitation and Mental Health Counseling
Visit Program Website (<http://www.alliedhealth.unc.edu/rcp>)

Eileen J. Burkner, Director

The Division of Clinical Rehabilitation and Mental Health Counseling (CRMH) of the Department of Allied Health Sciences offers a unique and challenging 60+ credit master of science degree in clinical rehabilitation and mental health counseling with concentrations in working with persons with developmental and psychiatric disabilities.

The graduate courses offered in clinical rehabilitation and mental health counseling present and discuss theoretical constructs and their application to clinical practice; study the biopsychosocial complexity of disability within rehabilitation contexts; examine professional role and identity within ethical guidelines of practice; stimulate critical, analytical, and creative thought; and prepare students for professional rehabilitation and mental health counseling practice, including specialty settings for people with developmental and/or psychiatric disabilities.

Mission

The mission of the Division of Clinical Rehabilitation and Mental Health Counseling is to serve the people of North Carolina by using evidence-based knowledge to give rehabilitation and mental health counselors the expertise to provide services to our citizens with disabilities with a special focus on those with developmental disabilities and/or psychiatric disabilities.

We believe in the dignity and worth of citizens with disabilities and their right to live self-determined lives in inclusive communities of their choice. The division educates counselors who then use their skills: (i) to help citizens with disabilities live productive and independent lives; (ii) to provide access to and manage personalized services that support the unique needs and preferences of each citizen with a disability and their respective families and communities; and (iii) to forge new models of research-informed community practice.

Our counselors are taught to assess and focus on the whole person: psychological, vocational, spiritual, and physical needs, and family, social, vocational, and community relationships. Division-educated counselors must possess the knowledge, courage, vision, critical thinking abilities, and commitment to independent learning and scholarship required to comprehensively address these needs.

In carrying out this mission, the faculty of the division has the obligation: (i) to discover, preserve, synthesize, and transmit knowledge; (ii) to be models of professional leadership; and (iii) to create a culture of educational excellence that nurtures students' intellectual and ethical development. Students have the responsibility to fully engage in an educational process of research, free inquiry, and personal responsibility and to become practitioners, scholars, researchers, and leaders in

the profession of clinical rehabilitation counseling and mental health counseling.

The University of North Carolina at Chapel Hill is recognized, nationally and internationally, as a leading center of scholarship, research and creative work with a mission to serve the people of the state and nation. The mission of our division is to contribute actively and substantively to this tradition.

Objectives

Graduates of the program will:

1. Practice effectively within a community model using current best practices;
2. Assess the client's overall rehabilitation needs and preferences and work together with the client to develop and implement appropriate counseling services and support plans;
3. Have specific knowledge and skills to address the counseling and case management needs of individuals with disabilities with emphasis on the needs of persons with psychiatric and developmental disabilities;
4. Work collaboratively with interdisciplinary teams, family members, community members and decision and policy makers;
5. Engage in a process of lifelong learning, collaboration and collegiality;
6. Assume leadership roles in practice and the profession with the necessary leadership, business and management and public policy skills;
7. Empower clients as self advocates.

Students must successfully complete 62 semester hours of required coursework; submit and defend an approved master's thesis, paper, or project; and complete an approved practicum and internship (within the chosen specialization).

Requirements for Admission

- A bachelor's degree from an accredited college or university
- A grade point average of B (3.0 on a 4.0 scale) or better in the area of the major
- Submission of Graduate Record Examination (GRE) scores combined of 1000 or greater (or two areas of quantitative, verbal, or writing scores at the 50th percentile)
- Three letters of recommendation
- Completion of the application supplement for Clinical Rehabilitation and Mental Health Counseling within The Graduate School application
- Program admission questions
- Personal statement

Professor

Eileen J. Burkner, Ph.D., C.R.C., Behavioral Medicine/Health Psychology; Religiosity, Spirituality, and Quality of Life Associated with Heart and Lung Transplantation; Psychological Aspects of Cardiac and Pulmonary Rehabilitation and Left Ventricular Device (LVAD)surgery; Vocational Functioning in Individuals with Chronic Medical Conditions

Associate Professors

Eniko Rak, Ph.D., C.R.C. Health Literacy; Self-Efficacy and Health Management Behaviors and Their Impact on Employment in Individuals

with Chronic Illness and Disability; Professional Identity Development in Graduate Students

Assistant Professors

Dara Chan, Sc.D., C.R.C., Community Integration and Resource Use, Measures of Environmental Accessibility, Disability and Homelessness, Geographic Information Systems (GIS), Spatial Analysis

Blaise Morrison, Ph.D., C.R.C., P.C., Caregiver Quality of Life issues; Adjustment to Disability, Vocational Rehabilitation.

Clinical Assistant Professor

Judy Schmidt, Ed.D., C.R.C., L.P.C.A., Psychiatric Disability, Youth Mental Health and Leadership

Adjunct Faculty

W. Leigh Atherton, Ph.D., Substance Abuse, Dual Diagnosis and Motivational Interviewing

Michael P. Griffin, Ph.D., Tests and Measurements, Assessment

Shaina Gulin, Ph.D., Psychosocial Aspects of Transplant

Amy Johnson, Ph.D., Multicultural Psychology, Anxiety and Depressive Disorders, Women's issues, Couples Counseling, Clinical Supervision and Training

Terra L. Rose, Psy.D., Psychiatric Disabilities, Severe and Persistent Mental Illness, Dialectical Behavior Therapy, Clinical Supervision

Katie Tompkins, M.S., C.R.C., L.P.C., Co-occurring Intellectual/ Developmental Disabilities and Psychiatric Disabilities, Autism Spectrum Disorder, Trauma-Focused Cognitive Behavioral Therapy

Tamira White, M.S., C.R.C., L.P.C.A., Transition from High School to Adulthood for Youth with Autism Spectrum Disorder, Family Support During Transition.

CRMH

Graduate-level Courses

CRMH 700. Foundations of Clinical Rehabilitation and Mental Health Counseling. 3 Credits.

This course will cover topics germane to the history and philosophy of rehabilitation. Students will obtain an overview of the field, its consumers, and methods of service delivery.

Grading status: Letter grade.

CRMH 702. Theories of Counseling Applied to Rehabilitation. 3 Credits.

An introduction to the traditional theories of individual and family counseling. Emphasis on application of theories to persons with disabilities, ethics, and multicultural awareness.

Grading status: Letter grade.

CRMH 704. Medical Aspects of Rehabilitation. 3 Credits.

Functional, psychological, vocational, familial, social, and sexual aspects of medical disabilities. Includes the human body system and medical terminology. Focus on assistive technology and functional capacity.

Grading status: Letter grade.

CRMH 706. Tests and Measurement in Clinical Rehabilitation & Mental Health Counseling. 3 Credits.

This course is an overview of the selection, administration, and interpretation of major assessment tools. Emphasis is on persons with mental illness or developmental disabilities.

Grading status: Letter grade.

CRMH 708. Career Development and Employment: Counseling Persons with Disabilities. 3 Credits.

This course will cover career development and counseling with emphasis on community integration in vocational and leisure pursuits of persons with disabilities, particularly those with mental illness and developmental disabilities.

Grading status: Letter grade.

CRMH 710. A Multicultural Perspective of Developmental Counseling through the Lifespan. 3 Credits.

A multicultural perspective of developmental theories and counseling through the lifespan will be covered with overall themes of positive development, resiliency, and healthy life transitions of persons with disabilities.

Grading status: Letter grade.

CRMH 712. Fundamentals of Clinical Rehabilitation & Mental Health Counseling Diagnosis & Practice with People. 3 Credits.

An introduction to diagnosing clients with mental illness and developmental disabilities. Focus is on best practice treatment and the vocational, social, and familial implications of living with a DSM disorder.

Requisites: Prerequisites, CRMH 700 and 702.

Grading status: Letter grade.

CRMH 714. Principles of Group Counseling in Clinical Rehabilitation & Mental Health Counseling. 3 Credits.

Strategies and techniques in developing and implementing groups in counseling. Attention to group counseling with persons with disabilities, specifically those with mental illness and developmental disabilities.

Grading status: Letter grade.

CRMH 716. Case Management, Rehabilitation Services, and Resources. 3 Credits.

Emphasis on leadership in all aspects of person-centered service coordination to include transdisciplinary and multi-agency effectiveness, knowledge of community organization and resources, service and support options.

Grading status: Letter grade.

CRMH 718. Co-Occurring Disorders in Clinical Rehabilitation & Mental Health Counseling. 3 Credits.

This course covers counseling with those who have co-occurring psychiatric and developmental disorders with substance abuse.

Grading status: Letter grade.

CRMH 800. Clinical Rehabilitation & Mental Health Counseling Research & Program Evaluations. 3 Credits.

Research methods, evidence-based practice, and ethical, legal, and cultural issues related to research and evaluation. Covers basic statistics, library research for rehabilitation-related information, proposal development, and grant writing.

Requisites: Prerequisites, CRMH 700 and 702.

Grading status: Letter grade.

CRMH 802. Clinical Rehabilitation & Mental Health Counseling Research & Program Evaluations. 5 Credits.

Required preparation, all rehabilitation counseling and psychology first-year didactic courses. Direct experience with clients/patients in varied service delivery settings.

Grading status: Letter grade.

CRMH 805. Evidence-Based Practices in Psychiatric Rehabilitation. 3 Credits.

Introduces the range of evidence-based practice and new effective models for treating individuals with severe and persistent mental illness demonstrated through levels of evidence empirically.

Requisites: Prerequisite, CRMH 818.

Grading status: Letter grade.

CRMH 806. Applied Counseling Skills in Clinical Rehabilitation & Mental Health Counseling. 5 Credits.

Designed to teach foundational counseling skills that will enable students to begin counseling. Focus on counseling individuals with mental illness and developmental disabilities. Includes ethics and multicultural awareness.

Grading status: Letter grade.

CRMH 810. Internship in Clinical Rehabilitation & Mental Health Counseling: Sections 1 and 2. 10 Credits.

Internship is a 640 hour (40 hours/week, 16 weeks) clinical experience designed to provide students with opportunities to apply theoretical and clinical skills in a rehabilitation setting.

Grading status: Letter grade.

CRMH 814. Intro to Clinical Rehab & Mental Health Counseling with People with Developmental Disabilities. 3 Credits.

Historical perspective, description, diagnoses, classification, etiology, patterns of functioning, current best practices with focus on RCP service delivery and community support; day-in-the-life component included.

Grading status: Letter grade.

CRMH 816. Evidence-Based Counseling Practices with People with Developmental Disabilities. 3 Credits.

Prepares students for counseling practice with persons with developmental disabilities; focuses on achievement of person-centered, independent community life.

Grading status: Letter grade.

CRMH 818. Evidence-Based Counseling Practices with People with Psychiatric Disabilities. 3 Credits.

Prepares students for RCP practice with persons with psychiatric conditions; introduces the range of evidence-based practice and effective models for treatment of this population.

Grading status: Letter grade.

CRMH 822. Marriage, Couple & Family Counseling in Clinical Rehabilitation & Mental Health Counseling Practice. 3 Credits.

Prepares students for clinical rehabilitation and mental health counseling with families of persons with psychiatric and developmental disabilities. Family and couples counseling theory, research and practice will be covered.

Requisites: Prerequisite, CRMH 702.

Grading status: Letter grade.

CRMH 890. Special Topics in Clinical Rehabilitation & Mental Health Counseling. 1-3 Credits.

Faculty-mentored independent study to pursue specific interests and topics.

Grading status: Letter grade.

CRMH 992. Master's (Non-Thesis). 3 Credits.

Individual work by a student (supervised by faculty) to explore an area of interest in a research paper, program development, or a professional project.

Repeat rules: May be repeated for credit.

CRMH 993. Master's Research and Thesis. 3 Credits.

Individual research supervised by a faculty member in a special field of study.

Repeat rules: May be repeated for credit.