

HUMAN DEVELOPMENT AND FAMILY SCIENCE MAJOR, B.A.ED.

The mission of the human development and family science (HDFS) program is to promote the well-being of children, youth, and families, in diverse developmental and societal contexts through evidence-based teaching, service, leadership, advocacy, research, and innovation. HDFS prepares students for careers and graduate programs in fields such as education, public health, occupational therapy, speech-language pathology, social work, health services, leadership and nonprofit management, counseling services, and more. The HDFS program offers two optional concentrations: Child and Family Health and Family Life Education. The program also offers the courses needed for the Certified Family Life Educator Credential (CFLE). For more information, please visit the School of Education website (<https://ed.unc.edu/academics/programs/human-development-and-family-science/cfle/>).

Admission to the human development and family science major is required and offered every semester. Admission is based on, but not limited to, a 2.5 grade point average, good academic standing, expressed interest in the helping professions, and space available. For more information, please visit the School of Education website (<https://ed.unc.edu/academics/programs/human-development-and-family-science/>).

Newly admitted students should expect to be enrolled in the HDFS program for a minimum of three full-time semesters in order to meet program course sequencing and milestones. Students interested in studying abroad should meet the SOE director of undergraduate advising and student engagement to discuss a timeline upon admission to the program.

Admitted students must earn a grade of C or better for each course counting to fulfill a degree requirement within the HDFS major. If a student earns a grade of C- or lower in a course, it will not satisfy a degree requirement within the HDFS major. The student will need to repeat that course or an equivalent. If a course is repeated, the student can only count the credit hours once when calculating the number of credit hours toward degree.

In the event that a student fails the internship or is dismissed for violating the School of Education, site placement, or the University Code of Ethics, they will be referred to the School of Education Appeals Committee.

For students pursuing a major in HDFS, without the pursuit of a second major or minor, supplemental education will be required. Please discuss any questions with the advising team to ensure proper course planning.

Students are subject to the requirements in place when they are admitted to the School of Education; consequently, the requirements for approved programs described in this catalog particularly apply to students admitted to the school during the 2024–2025 academic year.

Student Learning Outcomes

Upon completion of the human development and family science program, students should be able to:

- (Theories and Human Development) Demonstrate the ability to understand and apply theories about human development and family

relations in the physical, intellectual, cultural, and socioemotional domains.

- (Career/Ethical) Demonstrate both understanding and practical applications of professional behaviors that reflect knowledge about communication and relationship skills, work ethic, and ethical considerations needed to serve individuals, children, and families.
- (Family Dynamics and Diversity) Assess individual and family experiences and dynamics are shaped by diverse cultural backgrounds and perspectives, such as race, ethnicity, sexual identities, ability, socioeconomic status, immigrant status, and urban versus rural settings.
- (Applied Learning – Verbal and Written Applications) Demonstrate the ability to develop resources and initiatives and deliver services using appropriate strategies and technologies to support the well-being of children, families, schools, and communities through presentations, research, and service learning.
- (Research and Evidence-Based Approaches) Understand and apply research to inform education, prevention, intervention, and/or policy efforts related to children and families in diverse contexts.

Requirements

In addition to the program requirements, students must

- attain a final cumulative GPA of at least 2.0
- complete a minimum of 45 academic credit hours earned from UNC–Chapel Hill courses
- take at least half of their major course requirements (course and credit hours) at UNC–Chapel Hill
- earn a C or better in all courses for the HDFS major (core and additional requirements).

For more information, please consult the degree requirements section of the catalog (<https://catalog.unc.edu/undergraduate/degree-requirements/>).

Human Development and Family Science, B.A.Ed.

Code	Title	Hours
Core Requirements		
EDUC 181	 Introduction to Human Development and Family Science ^F	3
EDUC 401	 Childhood Development: Prenatal Birth to Age 12	3
EDUC 501	 Adolescent and Adulthood Development: A Cross-Cultural	3
EDUC 403	Individuals, Families, and Communities in Diverse Contexts	3
EDUC 405	Parenting and Family Life Education	3
EDUC 408	Research Methods in Human Development (must be taken prior to EDUC 583)	3
EDUC 583	 Career and Professional Development ¹	3
EDUC 698	 Internship in Human Development and Family Science ²	9
Diversity/equity focus course (select one):		3
EDUC 375	 Identity and Sexuality	
EDUC 410	Families and Communities in Diverse Contexts for Youth	

EDUC 415	Schooling of Immigrant Children	
EDUC 4611	 Exploring Social Determinants of Health Across Populations	
EDUC 508	 Equity, Leadership, and You	
EDUC 510	 Latinx Experience in Education	
EDUC 512	Critical Examination of Racism and Education: African American Case Example	
EDUC 526	 Ethics and Education: From Global Problems to Classroom Dilemmas	
EDUC 528	 Exceptionality Across the Life Span	
EDUC 533	 Social Justice in Education	
EDUC 575	 Nurturing Latinx Identity Formation	
EDUC 611	 Black Families in Social and Contemporary Contexts	
Leadership requirement (select one):		3
EDUC 309	 Foundations of Leadership ^F	
EDUC 316	Advanced Leadership Development Seminar	
EDUC 357	Organizational and Community Development	
EDUC 480	Resource Management for Individuals and Families	
EDUC 505	 Leadership in Educational/Nonprofit Settings	
EDUC 506	 Politics, Policymaking, and America's Schools	
EDUC 508	 Equity, Leadership, and You	
EDUC 517	 Educational Partnership Through Program Evaluation	
Additional Requirements		
Select from the following 3 options: ^{3,4}		12
Four courses from the Family Life Education concentration (see list below)		
Four courses from the Child and Family Health concentration (see list below)		
Four courses from the concentration lists or the elective list (see lists below)		
Total Hours		48

^F FY-Launch class sections may be available. A FY-Launch section fulfills the same requirements as a standard section of that course, but also fulfills the FY-SEMINAR/FY-LAUNCH First-Year Foundations requirement. Students can search for FY-Launch sections in ConnectCarolina using the FY-LAUNCH attribute.

¹ Must take EDUC 408 prior to enrolling in EDUC 583. Students must see the SOE director of advising for permission to enroll. EDUC 583 must be taken in the semester immediately preceding the internship semester. Students should consider summer internships where feasible to meet program milestones.

² Students are expected to complete their internship in their senior year and when 90% of the HDFS course work is completed. During the internship semester, it is preferred that students only take one class with the internship. However, students will be allowed to enroll in up to six credit hours in addition to the required nine credit hour internship course, for a maximum of 15 hours. Students will not be allowed to register for 18 hours. The internship site must be approved by the HDFS program in the semester preceding the internship.

³ At least 6 of the 12 hours taken to satisfy a concentration must be completed at the University of North Carolina at Chapel Hill.

⁴ Students in either concentration may elect to complete courses in the other concentration but can only declare one concentration. For example, a student in the CFH concentration may complete courses in the FLE concentration as part of their general major electives.

Family Life Education Concentration

Code	Title	Hours
Select four (4) courses from the following list:		12
EDUC 325	 Introduction to Counseling and Coaching	
EDUC 375	 Identity and Sexuality	
EDUC 410	Families and Communities in Diverse Contexts for Youth	
EDUC 480	Resource Management for Individuals and Families	
EDUC 605	Family Systems and Policy	
EDUC 611	 Black Families in Social and Contemporary Contexts	
AAAD 341	Law and Society	
COMM 224	Introduction to Gender and Communication ^H	
COMM 318	 Cultural Diversity	
COMM 422	 Family Communication ^H	
PSYC 467	The Development of Black Children	
PSYC 471	The Study of Adolescent Issues and Development	
PSYC 517	Addiction	
SOCI 130	 Family and Society ¹	
SOCI 425	Family and Society, Junior/Senior Section ¹	
SOCI 431	Aging	
SOCI 468	United States Poverty and Public Policy	
SOWO 530	Social Welfare Systems and Policies	
Total Hours		12

^H Honors version available. An honors course fulfills the same requirements as the nonhonors version of that course. Enrollment and GPA restrictions may apply.

¹ Students may not receive credit for both SOCI 130 and SOCI 425.

Child and Family Health Concentration

Code	Title	Hours
Select four (4) courses from the following list:		12
EDUC 375	 Identity and Sexuality	
EDUC 400	 Autism in Our Communities: An Interdisciplinary Perspective	
EDUC 4611	 Exploring Social Determinants of Health Across Populations	
EDUC 470	Therapeutic Value of Play	
EDUC 475	Child and Family Health	
EDUC 528	 Exceptionality Across the Life Span	
EDUC 630	Advanced Research Design and Methods in Human Development and Family Studies	

EDUC 689	Foundations of Special Education
BIOL 252 & 252L	 Fundamentals of Human Anatomy and Physiology and Fundamentals of Human Anatomy and Physiology Laboratory ^H
EXSS 211	Adapted Physical Education
HPM 571	Global Health and Human Rights
LING 101	 Introduction to Language ^H
LING 200	 Phonology
NURS 685I	Care of the Dying and Bereaved throughout the Life Span ¹
NUTR 240	Introduction to Human Nutrition
PLCY 570	Global Health and Human Rights
PSYC 210	 Statistical Principles of Psychological Research ^H
PSYC 220	Biopsychology ^H
PSYC 245	Psychopathology ^H
PSYC 517	Addiction
SOCI 172	 Introduction to Population Health in the United States
SOCI 422	 Sociology of Mental Health and Illness
SOCI 431	Aging
SOCI 469	Health and Society
SOWO 856	Care of the Dying and Bereaved ¹
SPHS 520	Human Communication Across the Lifespan
SPHS 521	Human Communication Across the Lifespan (EE)
SPHS 582	Introductory Audiology I
SPHS 583	Introduction to Clinical Practice in Speech-Language Pathology and Audiology

Total Hours **12**

^H Honors version available. An honors course fulfills the same requirements as the nonhonors version of that course. Enrollment and GPA restrictions may apply.

¹ Students may not use credit for both NURS 685I and SOWO 856 to count toward the concentration

Students may request additional health-related courses.

Electives Course List (for students who are not choosing a concentration)

Code	Title	Hours
Select four (4) courses from the following list: 12		
AAAD 130	 Introduction to African American and Diaspora Studies	
AAAD 341	Law and Society	
AAAD/WGST 386	Comparative Studies in Culture, Gender, and Global Forces	
ANTH 226	The Peoples of Africa	
ANTH/WGST 277	Gender and Culture	
ANTH 318	 Human Growth and Development	

ANTH 380	Anthropological Perspectives on Cultural Diversity
BIOL 252 & 252L	 Fundamentals of Human Anatomy and Physiology and Fundamentals of Human Anatomy and Physiology Laboratory ^H
COMM 224	Introduction to Gender and Communication ^H
COMM 318	 Cultural Diversity
COMM 422	 Family Communication ^H
COMM 576	Making and Manipulating "Race" in the United States
ENGL 284	 Reading Children's Literature ^H
EDUC 325	 Introduction to Counseling and Coaching
EDUC 349	 Adulting
EDUC 375	 Identity and Sexuality
EDUC 400	 Autism in Our Communities: An Interdisciplinary Perspective
EDUC 410	Families and Communities in Diverse Contexts for Youth
EDUC 461I	 Exploring Social Determinants of Health Across Populations
EDUC 470	Therapeutic Value of Play
EDUC 475	Child and Family Health
EDUC 480	Resource Management for Individuals and Families
EDUC 509	Helping Youth Thrive in K-12 Schools
EDUC 521	Schools, Cultures, and Communities I: Youth
EDUC 522	Schools, Cultures, and Communities II: Schools
EDUC 524	Learning on the Edge: Theories of Experiential Education
EDUC 527	Screen Education: Representations of Education in Popular Culture
EDUC 528	 Exceptionality Across the Life Span
EDUC 529	 Education in American Society
EDUC 532	 Human Development and Learning
EDUC 567	 Children's Literature in Elementary and Middle Schools
EDUC 572	 Psychology of Creativity
EDUC 605	Family Systems and Policy
EDUC 611	 Black Families in Social and Contemporary Contexts
EDUC 630	Advanced Research Design and Methods in Human Development and Family Studies
EDUC 689	Foundations of Special Education
ENGL 291	 Picture Books ^H
EXSS 211	Adapted Physical Education
HPM 571	Global Health and Human Rights
INLS 534	Youth and Technology in Libraries
LING 101	 Introduction to Language ^H
LING 200	 Phonology
LING 203	 Language Acquisition and Development

LTAM 291	The Latino Experience in the United States
NSCI 222	Learning ^H
NUTR 240	Introduction to Human Nutrition
PLCY 530	 Educational Problems and Policy Solutions ^H
PLCY 570	Global Health and Human Rights
PSYC 210	 Statistical Principles of Psychological Research ^H
PSYC 220	Biopsychology ^H
PSYC 245	Psychopathology ^H
PSYC 250	Child Development ^H
PSYC 260	Social Psychology ^H
PSYC 467	The Development of Black Children
PSYC 468	Family as a Context for Development
PSYC 471	The Study of Adolescent Issues and Development
PSYC 517	Addiction
EDUC 628	Teaching English Language Learners
SOCI 122	 Race and Ethnicity
SOCI 124	 Sex and Gender in Society
SOCI 130	 Family and Society
SOCI 172	 Introduction to Population Health in the United States
SOCI 422	 Sociology of Mental Health and Illness
SOCI 423	 Sociology of Education, Experiential Education
SOCI 425	Family and Society, Junior/Senior Section
SOCI 426	Sociology of Education
SOCI 431	Aging
SOCI 444	Race, Class, and Gender
SOCI 468	United States Poverty and Public Policy
SOCI 469	Health and Society
SOWO 530	Social Welfare Systems and Policies
SPHS 520	Human Communication Across the Lifespan
SPHS 521	Human Communication Across the Lifespan (EE)
SPHS 582	Introductory Audiology I
SPHS 583	Introduction to Clinical Practice in Speech-Language Pathology and Audiology
WGST 101	 Introduction to Women's and Gender Studies ^H

Total Hours **12**

^H Honors version available. An honors course fulfills the same requirements as the nonhonors version of that course. Enrollment and GPA restrictions may apply.

Special Opportunities in Education

Honors in the School of Education

During the fall semester of the senior year, an honors student in the School of Education participates in the first of a two-course sequence. This first course is an honors thesis class to begin the thesis preparation and writing process. During the spring semester of the senior year the student takes the second course in the honors class sequence. Across the two courses the student completes an honors thesis. In the spring semester there is an oral examination to defend the thesis. The program is limited to students with a minimum cumulative grade point average of

3.3 at the start of the fall semester of the senior year. That is, students who wish to undertake a senior honors thesis project must have a cumulative GPA of 3.3 or higher in order to begin the project, and must maintain a cumulative GPA of 3.3 or higher through graduation.

Department Programs

Major

- Human Development and Family Science Major, B.A.Ed. (p. 1)
- Human and Organizational Leadership Development Major, B.A. (<https://catalog.unc.edu/undergraduate/programs-study/human-org-leadership-ba/>)

Minor

- Baccalaureate Education in Science and Teaching (BEST) Minor (<https://catalog.unc.edu/undergraduate/programs-study/best-minor/>)
- Education Minor (<https://catalog.unc.edu/undergraduate/programs-study/education-minor/>)

Contact Information

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