EXERCISE AND SPORT SCIENCE MINOR

Contact Information

Department of Exercise and Sport Science
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Exercise and sport science examines the physics, physiology, and psychology of sport and exercise; the recognition and treatment of athletic injuries; and the administration of athletics.

Department Programs

Majors

• Exercise and Sport Science Major, B.A.–General (http://catalog.unc.edu/undergraduate/programs-study/exercise-sport-science-major-ba-general)
• Exercise and Sport Science Major, B.A.–Athletic Training (http://catalog.unc.edu/undergraduate/programs-study/exercise-sport-science-major-ba-athletic-training)
• Exercise and Sport Science Major, B.A.–Fitness Professional (http://catalog.unc.edu/undergraduate/programs-study/exercise-sport-science-major-ba-fitness-professional)
• Exercise and Sport Science Major, B.A.–Sport Administration (http://catalog.unc.edu/undergraduate/programs-study/exercise-sport-science-major-ba-sport-administration)

Minors

• Coaching Education Minor (http://catalog.unc.edu/undergraduate/programs-study/coaching-education-minor)
• Exercise and Sport Science Minor (p. 1)
• Recreation Administration Minor (http://catalog.unc.edu/undergraduate/programs-study/recreation-administration-minor)

Graduate Program

• M.A. in Exercise and Sport Science (http://catalog.unc.edu/graduate/schools-departments/exercise-sport-science)

Requirements

In addition to the program requirements listed below, students must:

• take at least 9 credits of their minor course requirements at UNC–Chapel Hill
• earn a minimum of 12 hours of C or better in the minor (some minors require more)

For more information, please consult the degree requirements section of the catalog (http://catalog.unc.edu/undergraduate/general-education-curriculum-degree-requirements/#degreerequirementstext).

Core Requirements

Five courses chosen from:

EXSS 180 Physical Activity in Contemporary Society