COACHING EDUCATION MINOR

Contact Information
Department of Exercise and Sport Science
Visit Program Website (http://exss.unc.edu)
209 Fetzer Hall, CB# 8700
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Coaching education minors have the opportunity to gain both theoretical and practical knowledge regarding psychological, physiological, pedagogical, philosophical, and management aspects of coaching.

Department Programs

Majors

• Exercise and Sport Science Major, B.A.–General (http://catalog.unc.edu/undergraduate/programs-study/exercise-sport-science-major-ba-general)
• Exercise and Sport Science Major, B.A.–Fitness Professional (http://catalog.unc.edu/undergraduate/programs-study/exercise-sport-science-major-ba-fitness-professional)
• Exercise and Sport Science Major, B.A.–Sport Administration (http://catalog.unc.edu/undergraduate/programs-study/exercise-sport-science-major-ba-sport-administration)

Minors

• Coaching Education Minor (p. 1)
• Exercise and Sport Science Minor (http://catalog.unc.edu/undergraduate/programs-study/exercise-sport-science-minor)

Graduate Program

• M.A. in Exercise and Sport Science (http://catalog.unc.edu/graduate/schools-departments/exercise-sport-science)

Requirements

In addition to the program requirements listed below, students must:

• take at least nine hours of their minor course requirements at UNC–Chapel Hill
• earn a minimum of 12 hours of C or better in the minor (some minors require more)

For more information, please consult the degree requirements section of the catalog (http://catalog.unc.edu/undergraduate/general-education-curriculum-degree-requirements/#degreerequirementstext).

The minor in coaching education is by approval only and consists of five courses, distributed as follows:

<table>
<thead>
<tr>
<th>Code</th>
<th>Title</th>
<th>Hours</th>
</tr>
</thead>
<tbody>
<tr>
<td>EXSS 205</td>
<td>Analysis of Sport Skills I</td>
<td>3</td>
</tr>
<tr>
<td>or EXSS 206</td>
<td>Analysis of Sport Skills II</td>
<td></td>
</tr>
<tr>
<td>EXSS 207</td>
<td>Coaching Principles</td>
<td>3</td>
</tr>
</tbody>
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See the program page here (http://catalog.unc.edu/undergraduate/programs-study/exercise-sport-science-major-ba-general/#opportunitiestext) for special opportunities.